

Title:

Word of the Week:

“Body & soul I am wonderfully made! Your workmanship is marvelous!”
- David’s words in the book of Psalms

Day 1:

“**Your true value or worth isn’t about what you look like or what you do, but who you are.**”
- **Anonymous**

Questions asked:

1. Do you agree or disagree with this quote?
2. Why is it so important to know your true value is about who you are?

Day 2:

Activity: Show Wemmicks video clip

Questions asked:

1. If stars represent positive things and dots represent negative things said about you, reflecting on your own life, would you have more stars or dots?

Day 3:

“**The stickers only stick if they matter to you.**”

Questions asked:

1. When Lucia was given stickers they wouldn’t stay on her. Why?

Day 4:

“**You is kind. You is smart. You is important.**”
- **The Help movie**

Questions asked:

1. Do you believe this about yourself?
2. If not, why?

Day 5:

“**Body & soul I am wonderfully made! Your workmanship is marvelous!**”
- **David’s words in the book of Psalms**

Questions asked:

1. Discuss Word of the Week