# Title: What's your profile?

Word of the week:

THEN WE WILL NO LONGER BE IMMATURE LIKE CHILDREN. WE WON'T BE TOSSED AND BLOWN ABOUT BY EVERY WIND OF NEW TEACHING. WE WILL NOT BE INFLUENCED WHEN PEOPLE TRY TO TRICK US WITH LIES CLEVER THEY SOUND LIKE THE TRUTH.

# 1. Thought of the day:

"What would the world look like if we valued each and every one as we do ourselves?" Activity:

Consider the following scenarios:

- Someone comes to school with no money and no food. You are the first person they meet at school. What would happen normally? What would it look like if you treated them as having the same value as you?
- You completely disagree with a mate/close friend about something very important to you. What would happen normally? What would it look like if you treated them as having the same value as you?
- A stranger comes up to you and says they're lost and afraid, they have no money and are very hungry.. What do you do? What would it look like if you treated them as having the same value as you?
- You are the stranger in the example above: You are lost, alone, very hungry and very tired. How would you feel about the two ways you treated the stranger in the last example?

Class discussion until the bell: If the concept of intrinsic value was held by everyone, what would the world look like today?

### 2. Thought of the day:

"Friendship is unnecessary, like philosophy, like art...It has no survival value; rather it is one of those things that give value to survival."

- C.S. Lewis

## Activity:

Take a moment to consider whether you place things online so that you are able to generate a sense of belonging.

Have a look at your social media apps and see what messages or image you are projecting. Ask yourself, is this really you or are you attempting to be someone else?

# 3. Thought of the day:

"We have all known the long loneliness and we have learned that the only solution is love and that love comes with community"

- Doris Day

### Activity:

In groups discuss a community that you belong to? (E.g. sports club, music club, friendship group, etc...) what do you enjoy about the community?

Compare and contrast the community group/activity mentioned to time at home on social media.