

# Title: Intentionality

Word of the week:

“You’ve all been to the stadium and seen the athletes race. Everyone runs; one wins. Run to win.”

- Paul to the people of Corinth

1. Thought of the day:

“The real question is: what can you do today to achieve what you hope to do in the future?”

- Anonymous

Activity:

## Character Study-

Prior to putting video on ask the question for pupils to consider:

“Would Usain have accomplished what he has in life without focus”?

Watch video of Usain Bolt “path to greatness”

2. Thought of the day:

“The application of hard work always pays off”

- Anonymous

Activity: (if possible, provide reward for hard work)

Based on your class choose one of the following riddles to do:

1. What is the beginning of eternity, the end of time and space, the beginning of every end and the end of every race?
2. You will always find me in the past. I can be created in the present, but the future can never taint me. What am I?
3. Wednesday, Phil and Robert went to a restaurant and ate dinner. When they were done they paid for the food and left. But Phil and Robert didn't pay for the food. Who did?
4. What begins with T, ends with T and has T in it?

3. Thought of the day:

“Lazy people want much but get little, but those who work hard will prosper.”

- Old Hebrew Proverb

Activity:

The Apprentice Caergybi

Choose 4 apprentices. Each apprentice must complete the following activities with small group to be “Hired” not “Fired”.

1. Guess the cost (see SchoolsLive for pictures) - nearest to cost wins.
2. Which school was the first comprehensive school in England and Wales?
3. One minute to design a flag on a piece of paper for the country of Jamaica. Best flag wins (teachers discretion).

\*Team who wins gain bragging rights

Appendix for Thought of the Day 2: 1. E; 2. Memories/History; 3. Wednesday (as a name rather than a day of the week); 4. Teapot

Day 3: 1. TV = £1,159.99; 2. Magnum Classic = £3.00; yacht = £3,075,000.00